



# GOLDENCREW



## Karim Ezzat

### Personal Information:

**Age** : 37  
**Nationality** : Egyptian  
**Language** : Arabic, English  
**Marital Status** : Married  
**Date of Birth** : 22 / 11 / 1988

## Educational Background

Advanced Hotel School in Aswan, Egypt

## Courses

- Hygiene & Grooming.
- Certificate basic food hygiene.
- American Hotel & lodging educational institute for food safety (HACCP).
- sustainability education for culinary professionals

## Work Experience

### ❖ Sous Chef

Movenpick Hotel & Resort El Sokhna – Egypt  
2023 – Present.

### ❖ Sous Chef

Support Services Catering Company (HAMARD) - KSA  
2021-2023.

❖ **Chef D.P**

Move pick Hotel & Resort – Egypt  
2019 - 2021.

❖ **Chef D.P**

Helnan Hotel – Egypt  
2016 - 2019

❖ **Chef D.P**

Caves beach Resort – Egypt  
2015 - 2016.

❖ **Demi Chef D.P**

Helnan Hotel – Egypt  
2014 – 2015.

❖ **1 st commis Chef**

La Residence Des Cascades Golf, Spa & Thalasso Resort - Egypt  
2012 - 2013.

❖ **1 st commis Chef**

Iberotel Hotel – Egypt  
2009 - 2010.

❖ **3ed**

Movenpick Hotel & Resort – Egypt  
2008 - 2009.

## **Skills**

- ❖ planning and developing menu in allocated budget deadlines.
- ❖ knowledge of planning, preparation and presentation of foods.
- ❖ Huge knowledge of prime equipment's and knives used in kitchen.
- ❖ Proficient in labour and food cost controlling methods.
- ❖ Ability to assist line cooks and chefs in hour of need.

- ❖ Ability to meet given time deadlines for complete food service processes.
- ❖ multi-international foods preparation such as: Mediterranean, Italian and Indian.
- ❖ organizing and hosting the big events.
- ❖ Basic knowledge of using Micro soft, Word, Excel.

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